



BODY BLISS

Day Spa

Spa operating hours are Monday to Sunday from 8am to 5pm.

Body Bliss Treatments

Facial Therapy

Basic Facial	60min	R 410	3 Points
Classic Facial	80min	R 520	4 Points
Specialised Facial	90min	R 620	4 Points

Hands & Feet

Spa Manicure	45min	R 250	2 Points
Spa Pedicure	60min	R 330	2 Points
French Paint	15min	R 80	1 Point
Normal Paint	15min	R 75	1 Point

Massages

Full Body Massage	60min	R 480	3 Points
Back, Neck & Shoulder	25min	R 260	2 Points
Back, Neck & Shoulder	45min	R 400	3 Points
Hand or Foot Massage	25min	R 240	2 Points
Hot Stone Therapy	60min	R 580	4 Points
Indian Head Massage	25min	R 240	2 Points

Steam Room Sessions

Per Session	30min	R 80	1 Point
Hydro bath (Single)	30min	R 110	1 Point
Hydro bath (Couples)	30min	R 180	2 Points

Tinting & Hair Removal

Eyebrow Shape	15min	R 80	1 Point
Eyelash Tint	20min	R 100	1 Point
Eyebrow Tint	15min	R 80	1 Point
Full Leg Wax	45min	R 240	2 Points
Half Leg Wax	30min	R 175	2 Points
Bikini or Under Arm Wax	30min	R 175	2 Points
Lip Wax	15min	R 85	1 Point
Chin Wax	15min	R 85	1 Point

Mens Corner

Mens Facial	45min	R 310	2 Points
Sports Facial	60min	R 410	3 Points
Sports Pedicure	60min	R 330	2 Points
Sports Full Body Massage	60min	R 480	3 Points

Prices are subject to change

To make a Points booking please call: 0861 THC RES / 0861 842 737

*Please note that The Holiday Club discounts are off the cash rates only, not Points.

Signature Treatments

Absolute Body Bliss 110min R 770 5 Points
Relaxing massage with a classic facial & scalp massage

Body Bliss Taster 70min R 510 3 Points
Relaxing back massage combined with a basic facial, neck & scalp massage

Body Bliss Packages

Ultimate Bliss 185min R 1270 8 Points
Steam session, detox body wrap, foot massage, hot stone therapy massage and a classic facial

Revitalise 165min R 1100 7 Points
Steam session, salt wrap, scalp massage, body massage and a basic facial

Soothes 45min R 300 2 Points
Steam session, back & shoulder massage

De-stress 80min R 550 4 Points
Steam session, massage and a facial

Unwind 70min R 530 4 Points
Steam session, back, neck & shoulder massage and a foot massage

Happy Feet 80min R 380 3 Points
Steam session and a spa pedicure

Junior Bliss Packages

Mini Hand Massage 25min R 130 1 Point

Playful Mani 30min R 170 1 Point

Toe Tickling Feet Fun 25min R 130 1 Point

Playful Pedi 30min R 170 1 Point

Junior Head, Neck and Shoulder Massage 20min R 145 1 Point

Junior Bliss treatments are designed specifically for children aged between 5 -16 years. Parental supervision is required for the duration of the treatment.

Above rates display normal spa rates. Members of The Holiday Club get automatic discounts as per below*

Classic Members:	5%	Exclusive Members:	10%
Select Members:	5%	Prestige Members:	15%
Advantage Members:	10%	Optimum Members:	15%



Contact Details

Cayley Lodge (Drakensberg)

036 468 1255

cayleyspa@bodybliss.co.za

www.bodybliss.co.za



BODY BLISS

Day Spa

Spa operating hours are Monday to Sunday from 8am to 5pm.

Body Bliss Treatments

Signature Treatments

Absolute Body Bliss <i>Relaxing massage with a classic facial & scalp massage</i>	110min	R 770	5 Points
Body Bliss Taster <i>Relaxing back massage combined with a basic facial, neck & scalp massage</i>	70min	R 510	3 Points

Massages

Full Body Massage	60min	R 480	3 Points
Back, Neck & Shoulder	25min	R 260	2 Points
Back, Neck & Shoulder	45min	R 400	3 Points
Hand or Foot Massage	25min	R 240	2 Points
Hot Stone Therapy	60min	R 580	4 Points
Indian Head Massage	25min	R 240	2 Points

Men's Corner

Mens Facial	45min	R 310	2 Points
Sports Facial	60min	R 410	3 Points
Sports Pedicure	60min	R 330	2 Points
Sports Full Body Massage	60min	R 480	3 Points

Facial Therapy

Basic Facial	60min	R 410	3 Points
Classic Facial	80min	R 520	4 Points
Specialised Facial	90min	R 620	4 Points

Hands & Feet

Spa Manicure	45min	R 250	2 Points
Spa Pedicure	60min	R 330	2 Points
French Paint	15min	R 80	1 Point
Normal Paint	15min	R 75	1 Point

Tinting & Hair Removal

Eyebrow Shape	15min	R 80	1 Point
Eyelash Tint	20min	R 100	1 Point
Eyebrow Tint	15min	R 80	1 Point
Full Leg Wax	45min	R 240	2 Points
Half Leg Wax	30min	R 175	2 Points
Bikini or Under Arm Wax	30min	R 175	2 Points
Lip Wax	15min	R 85	1 Point
Chin Wax	15min	R 85	1 Point

Note that rates display normal spa rates. Members of The Holiday Club get automatic discounts as per below*

Classic Members:	5%	Exclusive Members:	10%
Select Members:	5%	Prestige Members:	15%
Advantage Members:	10%	Optimum Members:	15%

Prices are subject to change

To make a Points booking please call: 0861 THC RES / 0861 842 737

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Dikhololo (North West)
012 277 9084



dikhololospa@bodybliss.co.za
www.bodybliss.co.za



BODY BLISS

Day Spa

Spa operating hours are Monday to Sunday from 8am to 5pm.

Body Bliss Treatments

Facial Therapy

Basic Facial	60min	R 410	3 Points
Classic Facial	80min	R 520	4 Points
Specialised Facial	90min	R 620	4 Points

Hands & Feet

Spa Manicure	45min	R 250	2 Points
Spa Pedicure	60min	R 330	2 Points
French Paint	15min	R 80	1 Point
Normal Paint	15min	R 75	1 Point

Massages

Full Body Massage	60min	R 480	3 Points
Back, Neck & Shoulder	25min	R 260	2 Points
Back, Neck & Shoulder	45min	R 400	3 Points
Hand or Foot Massage	25min	R 240	2 Points
Hot Stone Therapy	60min	R 580	4 Points
Indian Head Massage	25min	R 240	2 Points

Steam Room Sessions

Per Session	30min	R 80	1 Point
Hydro bath (Single)	30min	R 110	1 Point
Hydro bath (Couples)	30min	R 180	2 Points

Tinting & Hair Removal

Eyebrow Shape	15min	R 80	1 Point
Eyelash Tint	20min	R 100	1 Point
Eyebrow Tint	15min	R 80	1 Point
Full Leg Wax	45min	R 240	2 Points
Half Leg Wax	30min	R 175	2 Points
Bikini or Under Arm Wax	30min	R 175	2 Points
Lip Wax	15min	R 85	1 Point
Chin Wax	15min	R 85	1 Point

Mens Corner

Mens Facial	45min	R 310	2 Points
Sports Facial	60min	R 410	3 Points
Sports Pedicure	60min	R 330	2 Points
Sports Full Body Massage	60min	R 480	3 Points

Prices are subject to change

To make a Points booking please call: 0861 THC RES / 0861 842 737

*Please note that The Holiday Club discounts are off the cash rates only, not Points.

Signature Treatments

Absolute Body Bliss 110min R 770 5 Points
Relaxing massage with a classic facial & scalp massage

Body Bliss Taster 70min R 510 3 Points
Relaxing back massage combined with a basic facial, neck & scalp massage

Body Bliss Packages

Ultimate Bliss 185min R 1270 8 Points
Steam session, detox body wrap, foot massage, hot stone therapy massage and a classic facial

Revitalise 165min R 1100 7 Points
Steam session, salt wrap, scalp massage, body massage and a basic facial

Soothes 45min R 300 2 Points
Steam session, back & shoulder massage

De-stress 80min R 550 4 Points
Steam session, massage and a facial

Unwind 70min R 530 4 Points
Steam session, back, neck & shoulder massage and a foot massage

Happy Feet 80min R 380 3 Points
Steam session and a spa pedicure

Junior Bliss Packages

Mini Hand Massage 25min R 130 1 Point

Playful Mani 30min R 170 1 Point

Toe Tickling Feet Fun 25min R 130 1 Point

Playful Pedi 30min R 170 1 Point

Junior Head, Neck and Shoulder Massage 20min R 145 1 Point

Junior Bliss treatments are designed specifically for children aged between 5 -16 years. Parental supervision is required for the duration of the treatment.

Above rates display normal spa rates. Members of The Holiday Club get automatic discounts as per below*

Classic Members:	5%	Exclusive Members:	10%
Select Members:	5%	Prestige Members:	15%
Advantage Members:	10%	Optimum Members:	15%



Contact Details
Kiara Lodge (Drakensberg)
058 256 1062
kiarasp@bodybliss.co.za
www.bodybliss.co.za



BODY BLISS

Day Spa

Spa operating hours are Monday to Sunday from 8am to 5pm.

Body Bliss Treatments

Facial Therapy

Basic Facial	60min	R 490	3 Points
Classic Facial	80min	R 620	4 Points
Specialised Facial	90min	R 740	5 Points

Hands & Feet

Spa Manicure	45min	R 300	2 Points
Spa Pedicure	60min	R 390	3 Points
French Paint	15min	R 80	1 Point
Normal Paint	15min	R 75	1 Point

Massages

Full Body Massage	60min	R 570	4 Points
Back, Neck & Shoulder	25min	R 310	2 Points
Back, Neck & Shoulder	45min	R 490	3 Points
Hand or Foot Massage	25min	R 290	2 Points
Hot Stone Therapy	60min	R 700	5 Points
Indian Head Massage	25min	R 290	2 Points

Jacuzzi Room Sessions

Per Session	30min	R 100	1 Point
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Tinting & Hair Removal

Eyebrow Shape	15min	R 100	1 Point
Eyelash Tint	20min	R 120	1 Point
Eyebrow Tint	15min	R 100	1 Point
Full Leg Wax	45min	R 290	2 Points
Half Leg Wax	30min	R 210	2 Points
Under Arm Wax	30min	R 200	2 Points
Bikini Wax	30min	R 200	2 Points
Lip Wax	15min	R 95	1 Point
Chin Wax	15min	R 95	1 Point

Mens Corner

Mens Facial	45min	R 370	3 Points
Sports Facial	60min	R 490	3 Points
Sports Pedicure	60min	R 390	3 Points
Sports Full Body Massage	60min	R 570	4 Points

Prices are subject to change

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Signature Treatments

Absolute Body Bliss 110min R 920 6 Points
Relaxing massage with a classic facial & scalp massage

Body Bliss Taster 70min R 600 4 Points
Relaxing back massage combined with a basic facial, neck & scalp massage

Body Bliss Packages

Ultimate Bliss 185min R 1490 9 Points
Jacuzzi session, detox body wrap, foot massage, hot stone therapy massage and a classic facial

Revitalise 165min R 1310 8 Points
Jacuzzi session, salt wrap, scalp massage, body massage and a basic facial

Soothes 45min R 360 3 Points
Jacuzzi session, back & shoulder massage

De-stress 80min R 660 4 Points
Jacuzzi session, massage and a facial

Unwind 70min R 630 4 Points
Jacuzzi session, back, neck & shoulder massage and a foot massage

Happy Feet 80min R 450 3 Points
Jacuzzi session and a spa pedicure

Junior Bliss Packages

Mini Hand Massage 25min R 160 1 Point

Playful Mani 30min R 210 2 Points

Toe Tickling Feet Fun 25min R 160 1 Point

Playful Pedi 30min R 210 2 Points

Junior Head, Neck and Shoulder Massage 20min R 160 1 Point

Junior Bliss treatments are designed specifically for children aged between 5 -16 years. Parental supervision is required for the duration of the treatment.

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Classic Members:	5%	Exclusive Members:	10%
Select Members:	5%	Prestige Members:	15%
Advantage Members:	10%	Optimum Members:	15%



Contact Details

The Kingdom Resort (Pilanesberg)

079 087 6777

kingdomspa@bodybliss.co.za

www.bodybliss.co.za